

25 WAYS TO ASK “HOW ARE YOU?”

1. What's the best thing you experienced?
2. What's the most interesting information you heard?
3. What's the funniest story you heard?
4. What was the happiest moment?
5. What was the most challenging task to do?
6. Who was the nicest person you talked to?
7. What made you happy?
8. What irritated you? at work today
9. What was the most relaxing moment? this morning
10. What made you laugh? yesterday
11. What was the liveliest conversation you had? at the weekend
12. What new thing did you learn? etc.
13. What shocked you?
14. What surprised you?
15. Who helped you?
16. How did you help someone?
17. What did you do for yourself?
18. Name three adjectives to describe your (day / weekend / etc.)
19. What bored you?
20. What's the most important information you received?
21. How many cups of coffee did you drink?
22. What's the most delicious thing you ate?
23. What did you have for breakfast?
24. How much money did you spend?
25. What news did you hear?