

WHY TRAVEL MAKES YOU AWESOME

LEVEL	B1
TIME	90 MINS

Activity 1: Why is travel fascinating? - Watch the video and brainstorm.

To watch the video scan the QR code or go to <http://bit.ly/RusticPathwaysVideo>

Author: Rustic Pathways; Producer: Rockhaven Films



Activity 2: Match 1-10 with A-J to make collocations.

1	Adapt	J	your plans to changing situations
2	Appreciate	E	life
3	Be sure	A	about your abilities
4	Break	F	out of your comfort zone
5	Conquer	H	your fears
6	Deal with	C	different situations
7	Explore	G	the world
8	Get	B	better at small talk
9	Make	D	friends
10	Test	I	your limits

Activity 3: Make comparatives of these adjectives or add “less”. Do you agree with the statements? Why?/Why not?

Travel makes you...

- smarter (smart)
- more social (social)
- better (good) at conversation
- less selfish (selfish)
- less materialistic (materialistic)
- more adaptable (adaptable)
- sexier (sexy)

Before this activity make sure that your students remember how to build comparatives!

- less stressed out (stressed out)
- more adventurous (adventurous)
- happier (happy)

Activity 4: How does travel affect the personality? Read Matt's blog to find out. Compare his ideas with your opinions from Activity 3.

To access the blog site scan the QR code or go to

<http://bit.ly/whytravelmakesawesome>

Blogger: Nomadic Matt; www.nomadicmatt.com



Activity 5: Read the definitions and find the adjectives in Matt's blog.

1	Adaptable	able to change or be changed in order to deal successfully with new situations
2	Adventurous	willing to take risks and try new ideas; enjoying being in new, exciting situations
3	Awesome	very good, enjoyable
4	Conceited	having too much pride in yourself and what you do
5	Confident	feeling sure about your own ability to do things and be successful
6	Easy-going	relaxed and happy to accept things without worrying or getting angry
7	Egotistical	selfish; self-centred
8	Introvert	concerned with their own thoughts and feelings rather than with external things
9	Materialistic	caring more about money and possessions than anything else
10	Outgoing	liking to meet other people, enjoying their company and being friendly towards them
11	Well-rounded	having a personality that is fully developed in all aspects

Definitions: www.oxforddictionaries.com

Activity 6: Which travel affected you? How? Tell your partner.