

HAPPINESS



Activity 1: Warm-up

- How do you define happiness? What is important for you?

friends	a good job	independence	family
money	stability	success	(your choice)

- Work in pairs and collect synonyms for the word “happy”.

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If possible, create nouns or verbs from the words above.

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- Money doesn't bring happiness. Do you agree with this statement?
- How do you define being rich?
- Work in pairs and find synonyms for the word “rich”.

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- What would you do if you won a lottery?

Activity 2: TED talk - Michael Norton: How to buy happiness

Before watching

2A: Match the halves to make expressions.

1.	to go into	A	polls
2.	to measure	B	schools
3.	to hold	C	paper
4.	political	D	true
5.	low-income	E	debt
6.	a slip of	F	happiness

2B: Vocabulary: Match the words (1-10) with their definitions (A-J).

1.	a dodge ball	A	a student who is studying for a first degree at a college or university
2.	a donation	B	a game played by children standing in a circle using a large rubber ball that one child throws at another, who tries to avoid being hit
3.	a glossy	C	to illegally get money or information from someone by using force or threats
4.	a jerk	D	a photograph printed on shiny paper
5.	an incentive	E	not very important, serious, or valuable
6.	an undergraduate	F	someone who does stupid, annoying, or unkind things
7.	antisocial	G	to annoy someone
8.	to bug someone	H	a thing that motivates or encourages someone to do something
9.	to extort	I	money or goods that you give to an organization, especially one that helps people
10.	trivial	J	not interested in meeting other people, or not enjoying friendly relationships with them

Definitions A,B,C,E,F,G,I,J: <http://www.macmillandictionary.com/>

Definitions D,H: <http://www.oxforddictionaries.com/>

2C: Fill the gaps with the word from the activity 2B. Put them into the correct form where necessary.

1. If you want to help people in need, you can make a to charity.
2. He is aggressive and displays behaviour.
3. I don't understand why she cries over matters.
4. Mobsters often money from small businesses.
5. He kept me to lend her money.



2D: Watch the TED talk and answer the questions:

1. What happens to people if they win a lottery?

2. What would readers do if they won a lottery?

3. Why generally money doesn't make us happy?

4. What was the experiment in Canada about? Explain the rules and the results.

5. How were the results different in Canada and Uganda?

6. Explain the global correlation between charity and happiness.

7. Present the experiment in Belgium. What were the results?

8. What project does Michael Norton present as a good start of handling money in a different way?

9. If money can't buy happiness, you're not spending it right. - How do you understand this statement?