

LEVEL:	B1+
TIME:	90 MINS

**VAPING****Activity 1: Warm-up**

**1A: What crosses your mind when you hear the word “smoking”. Write down your ideas.**

SMOKING

**1A: Speaking**

1. What comes to mind when you hear the word ‘smoking’?
2. What does smoking do to your health?
3. Why do people start smoking?
4. Why don’t governments ban smoking if it causes so many health problems?
5. What can we do to stop children smoking?
6. Is smoking a problem in your country?
7. Do you get angry about passive smoking – breathing in second-hand smoke?
8. Why do you think it is so difficult for people to give up and quit smoking?
9. Do you know any chain smokers? How could you get them to stop?
10. Do you think smokers should pay higher health costs?

**Author:** Sean Banville

**Source:** <http://www.esldiscussions.com/s/smoking.html>

**Activity 2: Warm-up listening – Smoking**

**Author:** Sean Banville



### Activity 3: Watching - E-cigarettes

Have you ever vaped?

What do you think of e-cigarettes? Are you for or against them?

#### Before watching:

3A: Read the definitions, match them with the words and write them down.



	WORD	MEANING
1.	<b>ban</b>	an official or legal prohibition
2.	<b>benefit</b>	an advantage or profit gained from something
3.	<b>concern</b>	a feeling of worry about something
4.	<b>physician</b>	a doctor
5.	<b>stringent</b>	strict, precise, and exacting

Definition 1, 2, 5: <http://www.oxforddictionaries.com/>

Definition 3,4: <http://www.macmillandictionary.com/>

3B: Match the words (1-9) with their definitions (A-).

	WORD		MEANING
1.	<b>intrusive I</b>	A	very small drops of water or other liquids in the air that make the air feel wet
2.	<b>patches D</b>	B	a state of being clean and free from anything harmful
3.	<b>purity B</b>	C	a sticky poisonous substance from tobacco that people who smoke cigarettes get in their lungs
4.	<b>regulation G</b>	D	a small flat piece of material that people stick on their skin when they are trying to stop smoking
5.	<b>tar C</b>	E	to stop selling a product, especially because it is not considered to be safe
6.	<b>to reach H</b>	F	to inhale and exhale the vapour produced by an electronic cigarette or similar device
7.	<b>to take sth off the shelves E</b>	G	an official rule that controls the way that things are done
8.	<b>to vape F</b>	H	to get as high as a particular level or amount
9.	<b>vapour A</b>	I	causing disruption or annoyance through being unwelcome or uninvited

Definition A,B,C,D,E, G,H,: <http://www.macmillandictionary.com/>

Definition F,I: <http://www.oxforddictionaries.com/>



### 3C: Watch the programme about e-cigarettes and answer the questions.

To watch the video scan the QR code or go [http://bit.ly/AT\\_Vaping](http://bit.ly/AT_Vaping)

1. Smoking in public spaces has been prohibited for 5 years.	T/F
2. How many people are expected to use electronic cigarettes in the UK this year? <u>1 Mio</u>	
3. Children can legally buy e-cigarettes.	T/F
4. There are numerous regulations on advertising of e-cigarettes.	T/F
5. Critics claim that advertisements for e-cigarettes make smoking look cool.	T/F
6. There are clear regulations as far as the purity of the nicotine in the e-cigarettes is concerned.	T/F
7. Vivienne Nathanson is for flexible e-cigarette regulations.	T/F
8. Andy Withmore wishes heavy regulations concerning the age of consumers and purity of the liquid in the e-cigarettes.	T/F
9. Employees are allowed to use e-cigarettes in some companies.	T/F
10. Regulations for the e-cigarettes will not be tightened.	T/F
11. Where can you legally vape? <u>in office, pubs, trains, on planes, in hospitals, at the BBC</u>	
12. Why do smokers prefer e-cigarettes over gums or patches? <u>It feels like smoking</u>	
13. What are other ways to quit smoking? <u>Patches, inhalators, gums</u>	

### 3D: Watch again and note down what these people think of e-cigarettes. What speaks for and against them?

Speaker	Opinion on e-cigarettes
People in the pub	+ <u>It feels like a cigarette</u> <u>It tastes like a cigarette</u>
Professor John Britton	+ <u>E-cigarettes could save 5 Mio deaths.</u>
Dr Vivienne Nathanson	- <u>We don't know if they are safe.</u> <u>She would take them off the shelves or she would very heavily regulate them.</u>

**3E: Use the words below to summarise the programme.**

<b>to vape</b>	<b>vapour</b>	<b>purity</b>	<b>tar</b>	<b>regulations</b>	<b>to quit smoking</b>
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#### **Activity 4: Watching – Commercials of e-cigarettes**

*To watch the video scan the QR code or go [http://bit.ly/AT\\_Vaping](http://bit.ly/AT_Vaping)*

Watch commercials and note down which persuasive techniques are used in these advertisements?

Which arguments are used to promote e-cigs?

How are the two commercials different?

**Author:** blu eCigs®

**Celebrity as a spokesperson**

**Emotional – playing with viewer's emotions – pictures + music**

**With blu you can be yourself, you**

**This country was founded on free will**

**Embrace it, chase it**

**With blue you can take back your freedom**

**Author:** blu eCigs®

**Celebrity as a spokesperson**

**You don't stink**

**You don't have to go out to have a smoke**

**Your freedom**

**No smell, ash and stink**

**The pack is slim**

**Slick, hot and blue**

**All the fun and no of the guilt of having a cigarette**



**Activity 5: Watching - Watch the episode of the series 2 Broke Girls and fill the gaps.**

**Series:** 2 Broke Girls

**Production companies:** Michael Patrick King Productions, Warner Bros. Television

**Distributor:** Warner Bros. Television Distribution

Max (black hair) and Caroline (blond hair) are two friends and roommates, who work as waitresses at a Brooklyn diner.

**Episode 11 Season 4 – 00:00 – 00:43**

cigarettes	e-cigs	fake	kill	smoke	smoking	smoking	vaping
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**Max:** Ah, it's like I'm back in my mother's womb. Only, there's food here.

**Caroline:** Ugh, those **e-cigs** are so stupid. I mean, **smoking** real **cigarettes** kills you, but smoking **fake** ones makes me want to **kill** you.

**Max:** They're not **smoking**. They're **vaping** Uh-oh. He just passed it to her.

**Max:** Someone's getting date vaped.

**Earl:** I just figured out the new phones. Now I've got to figure out how to **smoke** ?

If I wanted to learn everything all over again, I would have had a stroke.